



# HOME-LEARNING-ENGAGEMENT-IDEAS

Department of Education, Katherine

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## Generic Everyday Learning Engagement Brainstorm

There are many activities children can do at home with parents, aunties, and grandparents that are both enjoyable and educational.

Following is a list of activities families could choose from each day to continue their child's education. Keep a record of what you do by taking photos or drawing about it then writing about it.

- Cooking.
- Painting, weaving, traditional crafts etc.
- Camping.
- Learning on country.
- Fishing, hunting, collecting bush tucker.
- Reading. You can read stories in books and/or online, signs at the shop or in the community.
- Writing stories. You can write about the things you do or you can make up a story. You can write a shopping list or a note to a friend or family member.
- Listening to stories. Listen to grandparents stories about culture and/or their life.
- Storytelling. Tell someone a story about a dog, toy or adventure etc.
- Interviewing a community member.
- Building, creating, making things.
- Map making and treasure hunts.
- Drawing.
- Gardening.

## FaFT & Preschool Learning Engagement Ideas:

### Rising Star

About: Rising Star is an indigenous early childhood web series from the Northern Territory Music School in Darwin. It's all about encouraging regional and remote younger kids to engage in reading with family members as well as instructional play.

Rising Star works with the Families as First Teachers (FaFT) programs around the Territory to incorporate basic literacy and numeracy skills into their sessions, and work toward building 'school ready' skills.

<http://www.risingstar.nt.edu.au/>

### Play School Art Maker

About: The Play School Art Maker iPad app allows children to interact with the world of Play School like never before. Aimed at 2 to 6 year-olds, the app is fun and easy to use. It encourages imagination and creativity by allowing children to:

- Create pictures with a choice of eight fun backgrounds
- Animate a Play School movie
- Make a story slideshow
- Catch-up on Play School episodes

<https://www.abc.net.au/abckids/play-school-art-maker/11131382>

### ABC Listen App

About: Provides children aged 0-5 and their families with a way to access the music and stories from the ABC that they love in a trusted online environment. Our programs are inspired by the Early Years Learning Framework of Australia, which encourages children to learn through play.

The high quality audio programs give preschoolers a space where they can get their bodies moving and brains working. Explore, learn, and play, and later wind down, rest, and sleep.

<https://www.abc.net.au/abckids/abc-kids-listen-app/11131286>

### [Starting Blocks; Activities you can do at home with your child](#)

About: Provide some examples of the different activities suitable for a wide range of children's ages. Every child is different and develops at their own pace, so please choose carefully which activity is appropriate for your child.

<https://www.startingblocks.gov.au/at-home/activities-you-can-do-at-home-with-your-child/>

### [Great Start; Everyday ideas for learning](#)

About: This website has plenty of ideas and activities that can help you make the most of everyday learning and events. We know families are busy so we have ideas for activities that you are already doing, ideas that may be new and will only take a few minutes and others that will take longer. We have also included extra information for you if want to learn more about the literacy, numeracy and STEM thinking and learning that your child will be developing and how this will link to learning in later life.

<https://www.education.sa.gov.au/parenting-and-child-care/parenting/learning-your-child-greatstart>

### [Kriol Songs with Ngukurr FaFT](#)

About: Sing along with Ngukurr FaFT

[https://meigimkriolstrongbala.org.au/en\\_au/kriol-songs-with-ngukurr-faft/](https://meigimkriolstrongbala.org.au/en_au/kriol-songs-with-ngukurr-faft/)

### [Learning Potential](#)

About: If you're looking for tips and ideas to help you nurture your child's potential, you've come to the right place. Learning Potential has hundreds of articles and ideas on all aspects of your child's learning and development, from the early years to the end of high school.

<https://www.learningpotential.gov.au/age-group/zero-to-five-years>

### [Cosmic Kids](#)

About: Making yoga and mindfulness fun

<https://www.cosmickids.com/>

### [Super Simple Songs](#)

About: Here's a collection of our favorite nursery rhymes, original kids songs, and children's shows from Super Simple.

[https://www.youtube.com/channel/UCLsooMJolpl\\_7ux2jvdPB-Q](https://www.youtube.com/channel/UCLsooMJolpl_7ux2jvdPB-Q)

### Australian Children's Television Foundation

About: Content and lesson ideas for learning at home

<https://actf.com.au/news/view/17309/7-free-and-educational-ways-to-entertain-your-kids-at-home>

### Northern Territory Preschool Maths Games

About: These games have been developed by The University of Melbourne to support the implementation of the Northern Territory Preschool Curriculum. The games are designed to be fun for children and easy to use for teachers. The games focus on encouraging active participation, mathematical thinking and reasoning, and back-and-forth conversations.

[https://education.nt.gov.au/\\_data/assets/pdf\\_file/0003/444567/nt-maths-games.pdf](https://education.nt.gov.au/_data/assets/pdf_file/0003/444567/nt-maths-games.pdf)

### Northern Territory Preschool Science Games

About: The games are designed to be fun for children and easy to use for teachers. They focus on encouraging active participation, scientific thinking and reasoning, and back-and-forth conversations. Games are designed for use with small and large groups, acknowledging that high-level thinking skills are encouraged during interactions with peers and adults.

[https://education.nt.gov.au/\\_data/assets/pdf\\_file/0020/673202/nt\\_science\\_games.pdf](https://education.nt.gov.au/_data/assets/pdf_file/0020/673202/nt_science_games.pdf)

### Storyline Online

About: The SAG-AFTRA Foundation's award-winning children's literacy website, Storyline Online, streams videos featuring celebrated actors reading children's books alongside creatively produced illustrations.

<https://www.storylineonline.net/>

### Preschool Games

About: Jump start your child's love of learning with our professionally designed preschool games. Perfectly tailored for your littlest learners' needs, these preschool games will begin introducing your child to the letters of the alphabet, counting, shapes, measurement tools, and number sense.

<https://www.education.com/games/preschool/>

## Transition to Year Six Learning Engagement Ideas

### Considerations and Recommendations for Teachers and Community Groups:

1. Where schools have iPads, laptops, where possible, loan out as much equipment as possible to families in communities
2. Where sporting equipment is stored in schools, make all equipment accessible to children and families in communities
3. Enable access to paper and pens, pencils, paint, paintbrushes
4. Identify a teacher and community members who can assist with the distribution, use, maintenance and collection of all sporting and tech equipment
5. Identify community leaders and elders who can teach children on country. (Hunting and gathering skills, ceremony skills, dancing, song writing, etc.

### The Very Well Family

Children can learn something new in a safe online environment. These 17 free educational websites for kids are fun while offering online [teaching games](#), printables, videos, and so much more.

<https://www.verywellfamily.com/best-free-educational-websites-for-kids-3129084>

Sesame Street, Scholastic, PBS Kids, CoolMath, TIME for Kids, National Geographic Kids, How Stuff Works, Starfall, The KIDZ Page, Fun Brain, Nick Jr., Exploratorium, BBC History for Kids, Highlights for Kids, Learning Games for Kids, Old Farmer's Almanac for Kids, Disney Jr..

10 best websites for kids – some are doubled up on the above-website:

<https://www.parenting.com/child/10-best-educational-websites-kids>

565 Pins with THOUSANDS of ideas.

Activities to entertain and keep kids busy; keep kids entertained while traveling, keep kids busy when stuck inside, and quiet time activities.




<https://www.pinterest.com.au/onemommy1/keeping-kids-busy/>

Access to Chatterbox (non-digital) journal writing.

Project based learning: Crash through (5 photographs approach). Use of phone cameras to keep journals, and to complete projects.



## Physical Education Learning Engagement Ideas:

PPS	 <p><b>ASICS Studio-Cardio &amp; Strength</b> <small>12+</small> Treadmill, HIIT &amp; Core Classes FitnessKeeper, Inc. ★★★★★ 4.5, 57 Ratings Free - Offers In-App Purchases</p>	<p>ASICS Studio – plenty of free workouts to follow strength training, cardio, yoga, running etc</p>	<ul style="list-style-type: none"> <li>• Set up a time each day and complete a workout</li> <li>• Message a friend to do this with you</li> </ul>
	 <p><b>Strava: Run, Ride, Swim</b> <small>4+</small> Track activity &amp; map routes Strava, Inc. #28 in Health &amp; Fitness ★★★★★ 4.8, 104.6K Ratings Free - Offers In-App Purchases</p>	<p>Strava – tracks any exercise you do and can link in with fitbits, garmins most fitness trackers</p>	<ul style="list-style-type: none"> <li>• Create a group with your class mates and challenge each other to get active each day</li> </ul>
	 <p><b>GoNoodle - Kids Videos</b> <small>4+</small> Kid-Loved &amp; Parent-Trusted GoNoodle, Inc. #76 in Education ★★★★★ 4.5, 936 Ratings Free</p>	<p>GoNoodle – plenty of videos and dances to try and practice</p>	<ul style="list-style-type: none"> <li>• Play them every hour to get moving</li> <li>• Film yourself doing the dance and try</li> </ul>

Sports EY

**Dance** – put on some videos below to copy and bop around to.

- Just Dance - [https://www.youtube.com/channel/UChIjW4BWKLqpojTrS\\_tX0mg](https://www.youtube.com/channel/UChIjW4BWKLqpojTrS_tX0mg)
- Cha Cha Slide - <https://www.youtube.com/watch?v=wZv62ShoStY>

**Obstacle courses**

- Use what you have at home (furniture, rugs, pavers etc) to make an obstacle course. Make it outside or inside, encourage kids to climb over and under, run around, move sideways and backwards.

**Move your body**

- Running races around the yard
- Jumping over tiles in the house
- Throwing balls into bins
- Bouncing balls

Sports Y3-9

**Creative activities you can try !**

- Try Bocce with aluminum foil balls, or any balls you have at home
- Practice 10 pin bowling with water bottles
- Cup stacking – 10 cups and time yourself
- Draw out hopscotch on the ground

**Football** – if you have a footy try these

- Set up a bin and try hitting it with the footy. If it's too easy go further away
- 100 kick and catches twice a day
- Kick and chase the footy to go for goal (aiming at a tree or part of the fence)

**Basketball** – if you have a basketball try these

- Ball handling – try figure 8 around legs, bouncing ball figure either around legs,
- Shooting from different angles
- Go to your local court and shoot some hoops

**Soccer**

- Dribble around your backyard
- Play against your dog, keep it off them!
- Try aiming for a target on your fence
- Count how many goals you kick

**Dance**

- Practice the git up – learn and film it yourself <https://www.youtube.com/watch?v=LpYuaouAriE>
- Just Dance - [https://www.youtube.com/channel/UChIjW4BWKLqpojTrS\\_tX0mg](https://www.youtube.com/channel/UChIjW4BWKLqpojTrS_tX0mg)

**Bike Riding**




- Get outdoors and ride your bike around!!

**Jump online and head to Sport Aus Play for Life and try some games they have on there**

<https://www.sportaus.gov.au/p4>

Olympics	<p>Create your own Olympic games</p> <ul style="list-style-type: none"> <li>• Where is it going to be?</li> <li>• What stadiums and facilities do you need?</li> <li>• List the sports/activities you are going to have at the games</li> <li>• Design is your mascot going to be – colour, shape, features</li> <li>• Create a song for it and record yourself</li> <li>• Create a program for the Olympics (what sports are on what days)</li> <li>• What equipment do you need to run your Olympics?</li> <li>• What will your medals look like? – make some</li> <li>• Use what resources you have in your house/community to make stadiums, Olympic rings, people,</li> <li>• Imagine your favourite sports person was coming to school – record some questions you will ask them</li> </ul>
Sport Games	<p><b>Why not create a game yourself!</b></p> <ul style="list-style-type: none"> <li>• What area do you have to use?</li> <li>• How do you score?</li> <li>• How many players?</li> <li>• What equipment can you use?</li> <li>• What rules – contact or non-contact, defence and offense,</li> </ul>
Resources – Videos	<p><b>Touch Football</b> - <a href="https://www.youtube.com/watch?v=jNpGUIXVdyw">https://www.youtube.com/watch?v=jNpGUIXVdyw</a>  <b>AFL</b> - <a href="https://www.youtube.com/user/AFLCommunityClub">https://www.youtube.com/user/AFLCommunityClub</a>  <b>Soccer</b> – <a href="https://www.youtube.com/watch?v=010_mhlfZpA">https://www.youtube.com/watch?v=010_mhlfZpA</a>  <b>Netball</b> - <a href="https://www.youtube.com/user/NetballAustralia">https://www.youtube.com/user/NetballAustralia</a>  <b>Basketball</b> – <a href="https://www.youtube.com/watch?v=ljjU6LvhKHM">https://www.youtube.com/watch?v=ljjU6LvhKHM</a>  <b>Bocce</b> – <a href="https://www.youtube.com/watch?v=2hhN6S-1urM">https://www.youtube.com/watch?v=2hhN6S-1urM</a></p>

## WELLBEING

<p>Apps</p>	 <p><b>Smiling Mind</b> <small>(4+)</small>          Meditation for all ages          Smiling Mind  <small>#17 in Health &amp; Fitness</small>  <small>★★★★★ 4.3, 755 Ratings</small>          Free</p>	<p>Smiling Mind – meditation and relaxation activities to calm down when things might be getting tough or you need to shut down</p>	<ul style="list-style-type: none"> <li>• Set up a time each day and do a smiling minds activity</li> <li>• Get your whole family to do it too!</li> </ul>
	 <p><b>That Sugar App</b> <small>(4+)</small>          Madman Production Company Pty Ltd  <small>★★★★★ 3.8, 9 Ratings</small>          Free</p>	<p>That sugar app – identifies how much sugar is in foods and what you should be eating through out the day</p>	<ul style="list-style-type: none"> <li>• Go through your cupboard and see how much sugar is in foods.</li> <li>• Track how much sugar you are eating each day and see if you can make changes to improve your health</li> </ul>
	 <p><b>Push2Play — Active Games for Kids</b>          Saskatchewan Blue Cross  <small>★★★★★ 5.0, 1 Rating</small>          Free</p>	<p>Push2Play – fun healthy games kids can play receive rewards for</p>	<ul style="list-style-type: none"> <li>• Swap the screen time for outdoor time.</li> </ul>

EY Healthy Lifestyles	<p><b>Healthy Food</b></p> <ul style="list-style-type: none"> <li>• Identify fruits and vegetables in the home – draw them, colour them and sound out.</li> <li>• Cut out foods in a catalogue and make a healthy food plate</li> </ul> <p><b>How the body works</b></p> <ul style="list-style-type: none"> <li>• Sing songs – head, shoulders, knees and toes – with actions</li> <li>• Teach kids how to wash their hands and video it</li> </ul>
Y3-9 Healthy Lifestyles	<p><b>Healthy Food</b></p> <ul style="list-style-type: none"> <li>• Identify all the foods in your house if they are red (rarely eat), yellow (sometimes eat) or green (always eat) foods. Group them on your kitchen bench</li> <li>• Prepare a meal plan for the week with your family</li> <li>• Cook meals with your family</li> <li>• Create a food menu for your school</li> </ul> <p><b>How the body works</b></p> <ul style="list-style-type: none"> <li>• Watch the following videos and then complete the activities <ul style="list-style-type: none"> <li>○ Videos - <a href="https://kidshealth.org/en/kids/bodymovies.html">https://kidshealth.org/en/kids/bodymovies.html</a></li> <li>○ Activities - <a href="https://kidshealth.org/en/kids/bodyactivities.html?WT.ac=k-ra">https://kidshealth.org/en/kids/bodyactivities.html?WT.ac=k-ra</a></li> </ul> </li> </ul> <p><b>Mental Health</b></p> <ul style="list-style-type: none"> <li>• Brainstorm your local support services – create a poster to promote these, put it up on your social media pages</li> <li>• Check in with your friend</li> <li>• Practice gratitude each day – write down what you are grateful for today. Write down something you will achieve each day</li> </ul>
Hygiene Checklist	<p><b>Make sure you're being healthy every day</b></p> <ul style="list-style-type: none"> <li>• Have you brushed your teeth?</li> <li>• Have you had a shower?</li> <li>• Do you have clean clothes to wear?</li> <li>• Have you washed your face?</li> </ul>

Resources	<p>Health games online</p> <ul style="list-style-type: none"> <li>• Nestle Healthy Lifestyles for Kids: <a href="https://www.n4hk.com.au/other-resources/online-games">https://www.n4hk.com.au/other-resources/online-games</a></li> <li>• Medicine PLUS – young people learning general health information: <a href="https://medlineplus.gov/games.html">https://medlineplus.gov/games.html</a></li> </ul> <p>Health videos</p> <ul style="list-style-type: none"> <li>• Healthy habits - <a href="https://www.n4hk.com.au/other-resources/online-videos/healthy-habits-healthy-you">https://www.n4hk.com.au/other-resources/online-videos/healthy-habits-healthy-you</a></li> <li>• Understanding your feelings - <a href="https://www.youtube.com/watch?v=KYfRzAll7TQ">https://www.youtube.com/watch?v=KYfRzAll7TQ</a></li> <li>• Healthy food V Junk Food - <a href="https://www.youtube.com/watch?v=fE8lezHs19s">https://www.youtube.com/watch?v=fE8lezHs19s</a></li> </ul> <p><b>All about health</b>  Games, information and activities to do <a href="http://www.sciencekids.co.nz/health.html">http://www.sciencekids.co.nz/health.html</a>  Resources, stories and videos for students, parents and carers <a href="https://studentwellbeinghub.edu.au/">https://studentwellbeinghub.edu.au/</a></p>
Mental Health Resources	<p><b>Headspace</b>  Chat rooms, resources, questions and more for young people  <a href="https://www.eheadspace.org.au/">https://www.eheadspace.org.au/</a></p> <p><b>ReachOUT</b>  Resources to practice coping skills and understand mental health better  <a href="https://schools.au.reachout.com/">https://schools.au.reachout.com/</a></p> <p><b>Black Dog Institute</b>  A place for young people to research and understand different types of mental health.  <a href="https://www.blackdoginstitute.org.au/getting-help/mental-health-wellbeing">https://www.blackdoginstitute.org.au/getting-help/mental-health-wellbeing</a></p>

